

Northern Trust Pharmacist Led Optimisation Clinic for Heart Failure (HF)

This proposed service development aims to improve **timely and equitable access to medicines optimisation** for patients following discharge from hospital with heart failure.

The model focuses on **structured, patient-centred consultations** to optimise medicines, support adherence, and improve patient understanding.

Project Overview

The service will support patients discharged from hospital with heart failure and will provide:

- Structured post-discharge medicines optimisation reviews
- Clinical optimisation of therapy in line with **evidence-based guidance**
- Monitoring of tolerability and safety
- Individualised patient education and self-management support
- Liaison with multidisciplinary teams and primary care

Key Outcomes Anticipated

Improved access to medicines optimisation

The service is expected to improve **timely access** to medicines optimisation and support more consistent application of evidence-based treatment.

Patient experience and understanding

Patients are expected to benefit from improved understanding of medicines and increased confidence in managing their condition.

Clinical Practice and Appropriateness

Clinical activity will align with **evidence-based guidance** and include appropriate governance arrangements to support safe prescribing, documentation, and ongoing clinical review.

Evaluation and Learning

An evaluation framework will assess:

- Service activity and reach
- Medicines optimisation outcomes
- Patient experience
- Learning to inform future service development

Partners Involved

The service will be delivered in partnership with:

- **Northern Health and Social Care Trust (NHSCT)**
- **Medicines Optimisation Innovation Centre (MOIC)** – providing expertise in evaluation, research, and improvement
- **Novartis** – collaborative working partner providing funding in line with ABPI guidance