

“Ageing Well & Reaching Programme”

Improving the lives of older people in the Mid & East Antrim area.





What the health does that mean....?



Medication is “A drug or other preparation for the treatment or prevention of disease.”

A **pharmacist** is a health care professional who cooperates with, consults with, and sometimes advises the licensed practitioner concerning drugs.

“**Health** is a state of complete physical, mental and social well-being, and not merely the absence of disease or infirmity.” (WHO)

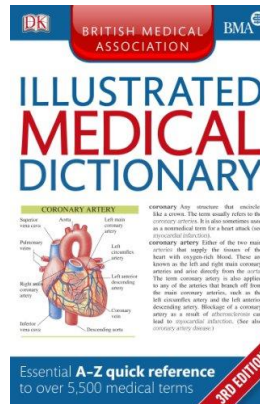
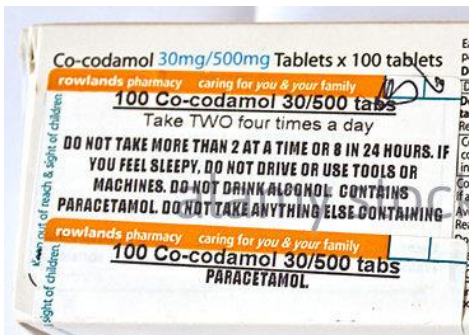
“**Health Literacy** is the ability to read, understand and act on health information.”

What is the Right Prescription?

1 in 10 have taken the wrong dose of medication because they didn't understand the instructions



1 in 5 – not fully confident they understand the information received from their HCP



Back to Basics....





Make a Bigger IMPACT!

“Involving Many to Prescribe Alternative Care Together” Proposal

Provide support by the community in our community, in partnership with GPs, Pharmacists & Nursing teams to support older people to discuss, plan and implement their own personal health and wellbeing plan.

Are you having the ‘right’ conversation?

And do you know what support is available in the Community?

Contact Details

Deirdre McCloskey

Project Development Officer

[Tel:028 25658604](tel:02825658604)

M: 07712305650

E: info@meaap.co.uk

18 Queen Street

Ballymena BT42 2BP

Website: www.meaap.co.uk