

# Fracture Rehab Pathway

## Intermediate care

- Project – Jan 2015
- 29 IC Beds
- Target patient
  - 📁 Fracture
  - 📁 Potential for rehab
  - 📁 No minimum age



# Set Trust Team

- Consultant led
- Registrars
- Pharmacist IP
- Physios
- OTs
- Fracture nurse specialist
- Social workers
- Dietetic/ wound care/ RR team etc as



# Does it Deliver?

- LOS reduced from 42 days to around 28 days
- Reduced readmission rates
- Reduced POC required on discharge
- Reduced delayed discharges
- Increased Patient Satisfaction
- Reduced complaints



# Medicines Optimisation



- **Safer prescribing/ patient involvement**

Use of prescribing tools and patient/family discussions

- **Better information about medicines**

Patient counselling and PILs

- **Adherence**

Monitored Self medication assessment during discharge planning

- **Safer Transitions**

Drug histories, medicines reconciliation, discharge advice

letters to GP and community pharmacies

# Medicines Optimisation

- Safety/reporting and learn

Fracture clinic

- Clinical cost effective use

Guidelines/NOGG/FRAX Tool

Bone Health/Calcium calculators

Colecalciferol loading doses

4000units/day for 10 weeks

£37.91

PILL

**BURDEN**

South Eastern Health  
and Social Care Trust

50,000units/once weekly for 6 weeks

£9.59

