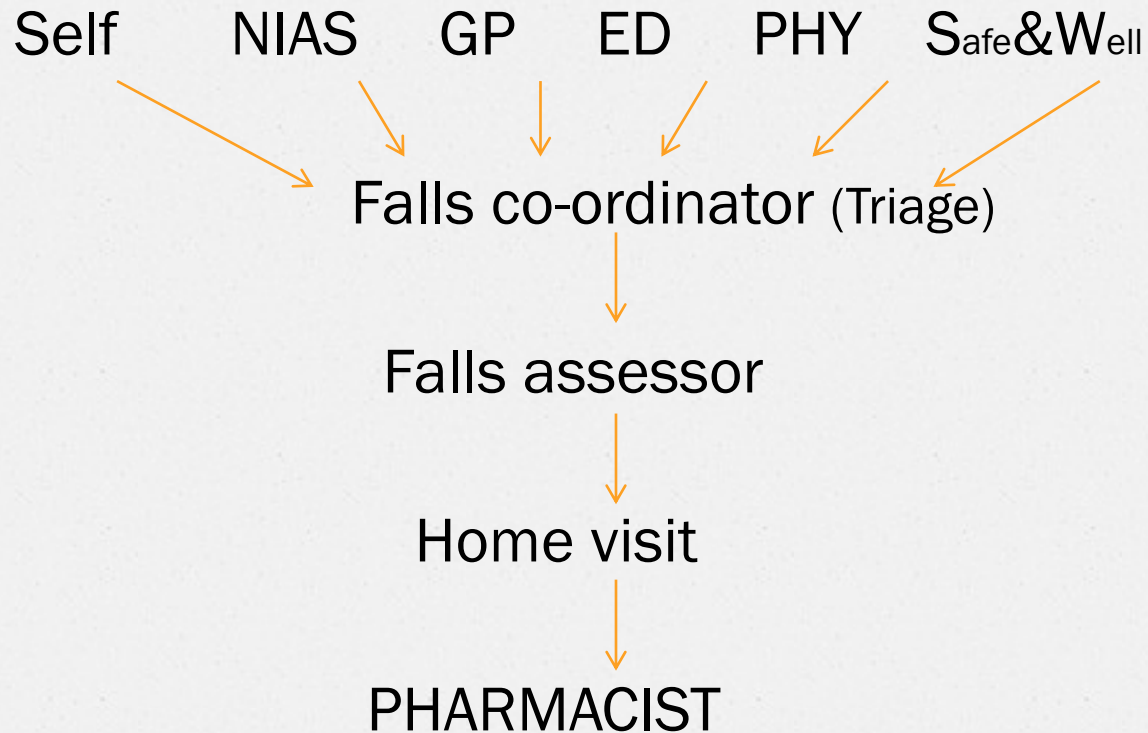


Structure of team

- o 1 WTE : Trust Falls co-ordinator (Physio)
- o 1 WTE : Administration staff
- o 3.8 WTE : Falls Assessors
(Physios, Physio Assistants)
- o 0.6 WTE : Pharmacist (Band 7)

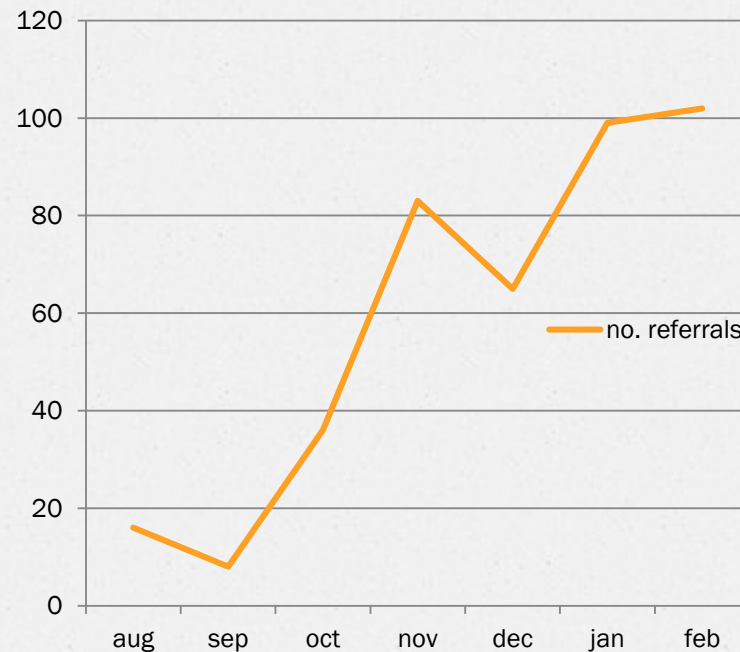
Referrals



Referrals & recommendations

Total No. of recommendations	54	
No. accepted	33	
Average no. recs	1.8	
Max.no. recs	4	
Min	1	
% uptake recs	61	

no. referrals



Patient 1

SUMMARY OF RECOMMENDATIONS		
MEDICINE	RISK FOR FALLS (as per RCP)	RECOMMENDATION
TRAMADOL	HIGH	Reduce the dose to M/R 50mg b.d. – son states patient has not complained of pain recently
PREGABALIN	MEDIUM	Dose could be reduced to 50mg b.d.
SOLIFENACIN	Possible cause (especially in combination)	Lady is incontinent and uses pads. Her son says that he doesn't think this medicine has made any difference. Possibly hold this temporarily & re-assess usefulness in 4 weeks.

All these recommendations have been actioned. I called her son and he reports that she is “fantastic”, much brighter and attends a class once a week. She has not fallen since

Patient 2

SUMMARY OF RECOMMENDATIONS

MEDICINE	RISK FOR FALLS (as per RCP)	RECOMMENDATION
Risperidone	HIGH	Stop
Cetirizine	N/A	Stop
Zopiclone	HIGH	Stop
Memantine	HIGH	Decrease dose
Donepezil	Possible cause of falls	Change dose to night-time

No further falls

Patient 3

SUMMARY OF RECOMMENDATIONS		
MEDICINE	RISK FOR FALLS (as per RCP)	RECOMMENDATION
Nicorandil	HIGH	STOP : Can cause / potentiate ulcers -
Ramipril	HIGH	Assess if she needs to re-start or stop. Patient removing from blister pack as stopped in hospital as AKI but not told to re-start
Pregabalin	POSSIBLE	She gets benefit but feels sleepy on high dose (so she is reducing dose to stop). Possible dose reduction e.g.25- 50mg mane, lunchtime and 100mg nocte.

I spent a long time talking to this patient. She had developed spontaneous leg ulcers which were unresponsive to therapy. Attended dermatology & vascular clinics. Nicorandil can cause ulcers so I called the GP & he stopped it. Ulcers healed. Less pregabalin required – no further falls.